

FRIDAY, JUNE 4, 2021
10:45 AM - 5:00 PM EDT

VIRTUAL EVENT: COGNITIVE REMEDICATION IN PSYCHIATRY



COURSE DIRECTORS

Alice Medalia, PhD
Clinical Director of Cognitive Health Services,
NY State Office of Mental Health; Professor of
Medical Psychology at Columbia University Vagelos
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POSTER SESSION COORDINATOR

Matthew M. Kurtz, PhD
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FACULTY

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Iceland

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Department of Psychology, Queen's University,
Kingston, Ontario, Canada

ACCREDITATION STATEMENTS

The Columbia University Vagelos College of Physicians and Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Center for Practice Innovations is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0118.

Center for Practice Innovations is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0037.

CREDIT DESIGNATION STATEMENTS

The Columbia University Vagelos College of Physicians and Surgeons designates this live activity for a maximum of 3.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM DESCRIPTION & OBJECTIVES

People with psychiatric disorders may have cognitive impairments that affect their ability to function in daily life, and benefit from psychiatric interventions. Cognitive skills training directly targets impaired cognitive processes seen across a variety of psychiatric conditions and thereby seeks to improve behavioral functioning. This conference will provide a forum for academic researchers, clinicians, and students to learn about evidence-based cognitive interventions. Research symposia will spotlight novel treatment approaches and inform key issues pertinent to treatment implementation and effectiveness. A clinical workshop will provide expert guidance in translating evidence-based cognitive remediation approaches for virtual delivery.

At the conclusion of the program, mental health professionals will be better able to:

- Identify cognitive deficits, motivation deficits that interact with cognitive deficits, and how both can be targeted in recovery-oriented treatments for people with psychiatric disorders
- Identify integrative intervention approaches to improve cognitive health, mental health, and functional outcomes in people with psychiatric disorders
- Summarize factors that impact engagement in cognitive treatments and potential strategies to facilitate motivation and cognitive learning
- Describe challenges to implementing empirically based cognitive interventions in routine settings and approaches to overcome them
- Summarize how to provide remote cognitive health care

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ALL REGISTRANTS WILL BE GIVEN ACCESS TO THE LECTURES THROUGH THE PLATFORM FOR ONE MONTH UPON CONCLUSION OF THE EVENT.

10:45 a.m. **Welcome**
Alice Medalia, PhD

RESEARCH SYMPOSIUM A

- 11:00 a.m. **An Integrated Cognitive-Behavioral Social Skills Training and Compensatory Cognitive Training Intervention for Negative Symptoms of Psychosis**
Zanjbeel Mahmood, MS
- 11:15 a.m. **Metamotivation in Schizophrenia: Exploring how Patients Understand the Nature of their Own Motivation and Self-regulation**
David A Lynch, PhD
- 11:30 a.m. **Factors Impacting Access and Engagement of Cognitive Remediation Therapy for People with Schizophrenia**
Rosalie Altman, MSc
- 11:45 a.m. **Implementation of Integrated Cognitive Remediation for Early Psychosis**
Olina Vidarsdottir, PhD
- 12:15 p.m. **Poster Session**
- 1:15 p.m. **Break**

RESEARCH SYMPOSIUM B

- 1:45 p.m. **Using Virtual Reality to Improve Cognition in Schizophrenia**
Synthia Guimond, PhD
- 2:00 p.m. **Goal Management Training for Executive Functioning for People with Schizophrenia**
Ingvild Haugen, Psychologist
- 2:15 p.m. **Implementing Action-Based Cognitive Remediation in Psychosis Networks: Uptake, Barriers, and Fidelity**
Chelsea Wood-Ross, MSc
- 2:30 p.m. **Enhancing Long-term Recovery: An RCT of Cognitively-Enhanced Interpersonal and Social Rhythm Therapy for Mood Disorders**
Katie M Douglas, PhD
- 2:45 p.m. **Break**

CLINICAL WORKSHOP 3:00 PM - 4:00 PM

Overall Group Structure and Set-up: Let's Get Organized
Daniel J. Mancini, ED.M, LMHC

Promoting Group Engagement in Virtual World
Joseph Ventura, PhD

Cognitive Training and Coaching: Personalizing the Approach
Christopher R. Bowie, PhD, CPsych

4:00 p.m. **Meet and Greet**

5:00 p.m. **Adjourn**

ADDITIONAL INFORMATION

Center for Continuing Medical Education
Columbia University
Vagelos College of Physicians and Surgeons
630 West 168th Street, Unit 39
New York, NY 10032
Telephone: 212-305-3334
Fax: 212-305-5740
Email: cme@columbia.edu
www.ps.columbia.edu/cme

TUITION

Tuition: \$30. All registrants will be given access to the lectures through the platform for one month upon conclusion of the event. Confirmation of registration will be sent upon receipt of the registration form. Refund of registration fee, less a \$10 administrative charge, will be made if written notice of cancellation is received by May 25, 2021. No refunds can be made thereafter.

REGISTRATION

By Mail: Complete the registration form and mail with full payment to:

Columbia University
Vagelos College of Physicians and Surgeons
Center for Continuing Medical Education
630 West 168th Street, Unit 39
New York, NY 10032

On-Line: www.ps.columbia.edu/cme

Telephone registrations and/or cancellations are not accepted.

AMERICANS WITH DISABILITIES ACT

The Columbia University Vagelos College of Physicians and Surgeons fully complies with the legal requirements of the ADA and the rules and regulations thereof. Any participant with special needs must submit a written request to our office at least one month prior to the course date.

REGISTRATION FORM

COGNITIVE REMEDIATION

(Please print or type)

LAST NAME

DEGREE

FIRST NAME

MIDDLE INITIAL

ADDRESS

CITY

STATE

ZIP

DAYTIME PHONE

DAYTIME FAX

EMAIL

PLEASE NOTE: Your email address is used for critical information about the course including: registration confirmation, course evaluation and certificate. Please be sure to include an email address you check daily or frequently.

INSTITUTION

Psychiatry PM 100

June 4, 2021

UR011899/3.0

\$30 Tuition

Enclosed is a check or money order made payable to: Columbia University. Checks must be in U.S. Dollars drawn on a U.S. bank. Money orders must be in U.S. Dollars.

For security purposes, credit card payments cannot be accepted by mail or fax. Please visit www.columbiacme.org to register and pay by credit card. American Express, Discover, MasterCard, and Visa only.



VAGELOS COLLEGE OF
PHYSICIANS AND SURGEONS

College of Physicians and Surgeons
630 West 168th Street, Unit 39
New York, NY 10032

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IN PSYCHIATRY

PRESENTED BY
COLUMBIA UNIVERSITY | VAGELOS COLLEGE OF PHYSICIANS & SURGEONS
NEWYORK-PRESBYTERIAN HOSPITAL | COLUMBIA UNIVERSITY IRVING MEDICAL CENTER
IN ASSOCIATION WITH
ALLIANCE FOR THE STUDY OF COGNITIVE DISORDERS

